## THE FOUR TYPES OF BICYCLISTS

## LEVEL OF TRAFFIC STRESS

Level of traffic stress (LTS) is a way to evaluate the stress a bike rider will experience while riding on the road. It is used to categorize roads by the types of riders above who will be willing to use them based on:



- Most children can feel safe riding on these streets.

  The mainstream "interested but concerned"
- adult population will feel safe riding on these streets.
- Streets that are acceptable to "enthused and confident" riders who still prefer having their own dedicated space.
- High-stress streets with high speed limits, multiple travel lanes, limited or non-existent bikeways, and long intersection crossing distances.